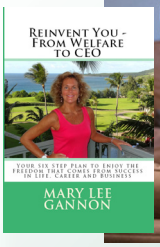
Mary Lee Gannon, ACC, CAE
StartingOverNow.com

Keynote/Training Sheet

Position Your Mindful Leadership Signature to Enthuse Transformational Change



Mary Lee Gannon, ACC, CAE
Leadership Strategist/Coach/Author
From Welfare to CEO of
$26 million organizations and
Author of ***"Starting Over" and "Reinvent You - From Welfare to CEO"***

Mary Lee is a Mindful Leadership Strategist and president of StartingOver-Now.com - a coaching and consulting firm that wakes you up from autopilot (your employee engagement, sales, productivity, organizational vision and purpose, innovation, executive presence, doubt, conflict resolution, personal relationships) to position your unique *Leadership Signature* so that you can transform the world instead of just flying around it.

She has a unique perspective having served for 18 years as CEO of organizations with up to $26 million in assets. She is an International Coach Federation Certified Coach, a graduate of Duquesne University's Professional Coaching Program, a Certified Association Executive and an alumnus of the Harvard Medical School and McLean Hospital Coaching in Medicine & Leadership Conference.

Her personal turnaround came as a stay-at-home mother with 4 children under 7-years-old who endured a divorce that took her and her children from the country club life to public assistance from where she reinvented her life to support her family. She's been featured in NPR, Money Magazine, Yahoo.com, U. S. News & World Report, msn.com, Forbes.com. and written for many publications.

Who Benefits?

* Leaders who want to build a self-aware workforce to increae productivity with mindfulness training like the programs at Google and General Mills.
* Emerging leaders or leaders who want transformational change.
* Great leaders whose work performance, financial advancement, fulfillment and personal relationships are "stuck."
* Businesses whose teams are dedicated but need direction and greater producticity.
* Executives who want to eliminate self doubt, under-performance, fears, anger, compromised relationships, and limiting thoughts so that they realize measured success.
* Non-profit, academic, healthcare and government agencies that need to be more effective.
* Teams and boards of directors whose members are not sure about their next step.
* Leaders who need conflict resolution skills and want more from their team with less.

Presentation/Training Takeaways: Custom designed

The bottom line of a presentation by Mary Lee...

1. First your team will wake up from autopilot to eliminate the assumptions that hold them back from their leadership impact.
2. Secondly, she will show them how to be more confident and establish the presence necessary to enthuse a movement.
3. Third, she will walk them through the action steps for a clear line-of-sight to self-awareness and in particular how to position their unique value to influence change. Listen to hear, affirm and coach - not fix.
4. And, ultimately your team will generate their own *Leadership Influence Signature* to deliver big picture transformation that reinvents performance.

New Presentation Topics

✓ The 10 Laws of Communications for Strong Leaders
✓ The Mindful Conflict Resolution Toolkit
✓ Mindful Negotiations to Get What You Want
✓ How to Redirect the Head Trash That Holds You Back
✓ Executive Academy - Discovering the Innermost You
✓ Board Development - Taking it to the Next Level
✓ A To-Do List that Gets To-Done
✓ Dining Etiquette and Business Manners "Must Dos"
✓ Killer Rules for Mindful Meeting Facilitation
✓ Your Mindful Executive Presence Training
✓ Align Employee and Company Purpose for Success
✓ Distinguish Your Ideal Client or Customer
✓ The Fear You're Afraid to Feel is Running Your Life
✓ Free Yourself from the Victim-Bully-Rescuer Trio
✓Six Steps to Mindful Stress Relief
✓ Stop the Sabotage! Why Women Avoid Success
(and many more...)

Mary Lee Gannon, ACC, CAE is presented the **Woman of Integrity Award** by WTAE-TV Anchor Michelle Wright and Beth Caldwell of Pittsburgh Professional Women.

Testimonials

"Mary Lee Gannon has developed a well-earned reputation as an exceptional Servant Leader. Her vast (and highly successful) senior level experience, strong interpersonal skills, tireless work ethic and overall commitment to excellence have provided her with the skills to offer powerful, results-oriented coaching and consulting. Highly recommended!"
Michael Kumer, Principal, Boards MTO
Former Executive Director, Nonprofit Leadership Institute, Duquesne University

"Regarding the presentation Mary Lee did on 'Effective Negotiating' I was more enlightened in two hours that I was in eight years of training as a car saleswoman."
Tiffany Nolan, Liberty Mutual

"Mary Lee facilitated a strategic visioning session for our agency's Board of Directors. This was one of the most engaging board meetings that I have had in my 25 years of nonprofit management experience. Mary Lee includes the many different perspectives of those attending the meeting and asks the clarifying questions to reach consensus and develop a plan for next steps. She is aware of the importance of communication at all levels of organizations and has expertise on nonprofit funding issues from the fundamental to the complex."
Linda Doman, Executive Director
Eastern Area Adult Services, Pittsburgh

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